



Karamanoğlu Mehmetbey University

GRADUATE SCHOOL OF HEALTH SCIENCES

COACHING EDUCATION

1.Semester Course Plan				
Course Code	Course Name	T+A+L	Compulsory/Elective	ECTS
ANT102	CONSULTANCY (COURSE SEMESTER)	0+1+0	Compulsory	0
ANT103	CONSULTANCY (THESIS PERIOD)	0+1+0	Compulsory	0
ANT104	SPECIALIZED FIELD COURSE	8+0+0	Compulsory	10
ANT105	THESIS (MASTER)	0+0+0	Compulsory	60
ANT106	SCIENTIFIC RESEARCH TECHNIQUES AND PUBLICATION ETHICS	3+0+0	Compulsory	8
ANT108	PSYCHOLOGY AND COACHING	3+0+0	Elective	8
ANT109	COMPETITION ANALYSIS IN SPORTS	3+0+0	Elective	8
ANT110	COACHING TRAINING BASES	3+0+0	Elective	8
ANT111	TRAINING PLANNING AND PRINCIPLES	3+0+0	Elective	8
ANT112	NUTRITIONAL PRINCIPLES IN PERFORMANCE SPORTS	3+0+0	Elective	8
ANT113	WOMEN and SPORTS	3+0+0	Elective	8
ANT114	DOPING AND ERGOGENIC APPROACHES IN SPORTS	3+0+0	Elective	8
ANT115	CONDITION AND PHYSICAL PREPARATION	3+0+0	Elective	8
ANT116	GENERAL TRAINING THEORY	3+0+0	Elective	8
ANT117	HEALTHY LIFE and OBESITY	3+0+0	Elective	8
ANT118	GENERAL PHYSIOLOGY	3+0+0	Elective	8
ANT119	MOVEMENT ANALYSIS	3+0+0	Elective	8
ANT120	NEUROPHYSIOLOGICAL FUNDAMENTALS OF THE MOVEMENT	3+0+0	Elective	8
ANT121	IMMUNE SYSTEM and EXERCISE	3+0+0	Elective	8
ANT122	FIELD AND LABORATORY IN SPORTS TESTS AND PERFORMANCE EVALUAT	3+0+0	Elective	8
ANT123	PHYSICAL ACTIVITY and HEALTH	3+0+0	Elective	8
ANT124	TALENT RESEARCH IN SPORTS	3+0+0	Elective	8
			Total ECTS	214

2.Semester Course Plan				
Course Code	Course Name	T+A+L	Compulsory/Elective	ECTS
ANT101	SEMINAR	0+2+0	Compulsory	8
ANT107	RECOVERY METHODS IN SPORTS	3+0+0	Elective	8
ANT125	HUMAN ANATOMY and KINESIOLOGY-1	3+0+0	Elective	8
ANT126	HUMAN ANATOMY and KINESIOLOGY-2	3+0+0	Elective	8
			Total ECTS	32